

# Teens Dream Mentorship Expectations



As a Teens Dream **Mentor**, we ask that you commit to 5-7 hours total:

- Sign the mentor release form on the website under Mentor
- Be contacted by the teen mentee whether in-person or digitally
- View the mentee's winning video submission & consider how you or your organization can assist the teen in pursuit of the dream depicted and advise him or her on avenues for further exploration of the issue
- Guide the teen in setting realistic goals and accomplishing them, provide advice for professionalization as well as positive reinforcement, and act as a role model to motivate the teen.
- Find ways to feature the mentee's video on your organization's website or in your social media communications, if appropriate
- Arrange and engage in a Skype call with the mentee in September before October 5th to get to know each other
- Attend a one hour get together meeting in-person w/ mentee on the morning of October 5<sup>th</sup> pre-arranged by the Global Co Lab Network to further relationship
- Attend the Teens Dream celebration on October 6th to celebrate your mentee and speak alongside your mentee for a few minutes in program about the topic of your mentorship
- Engage in a one hour post discussion following the Teens Dream celebration to debrief and share any further thoughts
- Support the mentee in writing a blog post about the mentorship experience attached with a photo of the two of you together and provide a photo to be posted on the mentee section of the Teens Dream website
- Keep the Co Lab / Teens Dream up to date if any other actions take place so that the Co Lab can monitor its impact!

As a Teens Dream **Mentee**, we expect that you:

- Sign the mentee release form on the website under Mentor
- Take full advantage of this mentoring relationship by becoming informed about the expert or organization prior to the first mentoring session
- Engage in a Skype call w/ mentor in September before October 5th to get to know each other
- Attend a one hour get together meeting in-person with the mentor on the morning of October 5<sup>th</sup> pre-arranged by the Global Co Lab Network
- Join your Mentor in attending the Teens Dream celebration on October 6th and plan to speak on your dream in the program along with your mentor
- Ask questions and specific requests for how the mentor might help during all scheduled mentor meetings
- Honor the time committed by the mentor by being responsive to emails and other communications
- Write a blog post about the mentorship experience along with a photo of the both of you
- Keep the Co Lab / Teens Dream up to date if any other actions take place so that the Co Lab can monitor its impact!